# Opportunity Buys.





# Chicken, Crumbles, Low Sodium, FC

### **Product Details:**

Sales Price Per LB: N/A

Item Number: 620895Pack Size: 4/5 Lb. bagsKosher: NoServing Per Case: 160Meal Contribution:

Net Weight: 20 lbs.

Class: Opportunity Buy
Shelf Life: 270 days

Temperature Class: Frozen
Cook State: Fully Cooked

Case Price: N/A GTIN-12 UPC:

GTIN-14: 00023700041500

## **Ingredients:**

Chicken, water, rice starch, sea salt, natural flavor.

#### **Benefits and Suggested Use:**

Serve this product as a topping to a hearty meat pizza along with pepperoni, sausage, and bacon.

# **Nutrition Facts**

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving	Size			2 oz.

Amount Per Serving

# Calories 70

Odiorics	70
	% Daily Value *
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Incl. Added Sugars 0g	0%
Protein 10g	20%
Vitamin D 0mcg Calcium 0mg Iron 0mg Potassium 180mg	0% 0% 2% 4%

<sup>\*</sup> The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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### **Preparation and Additional Information:**

**Instructions for Preparation and Cooking:** 

Appliances vary, adjust accordingly.

Skillet

Out of bag-Sauté pan or Stock pot

Cut open pack, remove frozen product (or pour our thawed\* product) and add to sauté pan/stock pot.

Heat over Med – Med-High heat, stirring frequently to separate crumbles & heat throughout to above 140° F.

See Frequently Asked Questions for information on draining or not draining.

Saute:

Appliances vary, adjust accordingly.

Cook - in - bag - Stock Pot (water temp: 185° - 200° F)

Add sealed 5-lb. pack to simmering water, completely submerge.

Bring product temp. to above 140° F, approximately 30-40 mins. (frozen) or 15-20 mins. (thawed\*)

Carefully remove from water, place upright in container and cut open pack to scoop out crumbles or pour out crumbles + broth.

Steam:

Appliances vary, adjust accordingly.

Steamer

Cook-in-bag Steamer

Place sealed 5-lb. pack in solid (non-perforated) steam pan.

Insert pan into steamer and cook – at moderate setting – until product reaches above 140° F, approximately 45 min.(frozen) or 20-30 mins.(thawed\*). Cook times will vary based on steamer model.

Carefully remove hot product from pack as instructed above.

See Frequently Asked Questions for information on draining or not draining.

Thaw:

Appliances vary, adjust accordingly.

Thawing Instructions

Thaw individual 5-lb. packs overnight under refrigeration. Full cases will take several days to thaw under refrigeration.

Quick thaw by placing 5 lb. pack of product under running cold water until thawed.

## **Logistics Information:**

GERSS Weights 20:00 dbs

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