



Couscous

Product Details:

Item Number: 618237
Pack Size: 12 / 2lb.
Serving Per Case: 136
Net Weight: 24 lbs.
Sales Price Per LB: N/A
Case Price: N/A
Kosher: Yes
Meal Contribution: Not Creditable (not enriched or WG)
Class: Always Available
Shelf Life: 18 months
Temperature Class: Frozen
Cook State: Fully Cooked
GTIN-12 UPC:
GTIN-14: 00810358033335

Ingredients:

Water, Wheat Flour

Allergen Statement:

Wheat (gluten)

Benefits and Suggested Use:

Couscous is a pearl-shaped pasta that is toasted, giving it a nutty flavor (does not contain nuts). The small, round balls of pasta are the perfect base for pasta salads, soups, or as a delicious and flavorful side dish. This product is ready to use, no additional cooking or preparation is required. Non-GMO and All Natural!

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	2.81 oz.(1/2c)
Amount Per Serving	
Calories	90
	% Daily Value *
Total Fat 0	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 18g	7%
Dietary Fiber 1g	3%
Total Sugars 0g	
Incl. Added Sugars 0g	0%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 6mg	0.4%
Iron .3mg	2%
Potassium 45mg	2%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Preparation and Additional Information:

Instructions for Preparation and Cooking:

The product is ready to eat. No cooking or heating is required.

If heating is desired product can be microwaved, steamed, or sautéed.

For the microwave: Poke a small hole in the bag and microwave for about 5-6 mins per bag. these times may vary based on the type and power of the microwave.

Boil in a bag/Steam in bag: Place bag in boiling water or steamer for 5-10 minutes (2 lbs)

Sautee: Preheat the pan and add a small amount of oil. Add product and cook until heated.

Logistics Information:

Gross Weight: 25 lbs

Case Dimensions: 16.14 X 12.20 X 7.48

Pallet Count: 56

Double Stack: No

Cube: 0.852

Block and Tier: 7 and 8

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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