

Always Available.



Beef, Country Fried Steak, 3.3oz, FC

Product Details:

Item Number: 617910
Pack Size: 50/3.3 oz.
Serving Per Case: 50
Net Weight: 10.312 lbs.

Kosher: No
Meal Contribution:
Class: Always Available
Shelf Life: 12 months frozen
Temperature Class: Frozen
Cook State: Fully Cooked
GTIN-12 UPC:
GTIN-14: 10850110007454

Sales Price Per: NA
Case Price: NA

Ingredients:

Seasoned Beef (Beef, Water, Potato Starch, Salt). Batter And Breaded With: Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Contains Less Than 2% Of The Following: Modified Food Starch, Salt, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Caramel Color, Dextrose, Extractives Of Paprika. Breeding Set In Soybean Oil.

Allergen Statement:

Wheat and Milk

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size 3.3 oz, (1 steak)

Amount Per Serving

Calories **220**

% Daily Value *

Total Fat 13g **20%**

Saturated Fat 5g **24%**

Trans Fat 0.5g

Cholesterol 45mg **15%**

Sodium 490mg **20%**

Total Carbohydrate 13g **4%**

Dietary Fiber less than 1g **3%**

Total Sugars 0g

Incl. Added Sugars -

Protein 12g

Vitamin D -

Calcium 0%

Iron 10%

Potassium -

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

National Food Group

Email: info@nationalfoodgroup.com . **Direct:** 800.886.6866

Fax: 248.669.3000

46820 Magellan Dr., Suite A, Novi, MI 48377-2454

www.nationalfoodgroup.com . **Call Toll Free:** 800.886.6866



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Preparation and Additional Information:

Instructions for Preparation and Cooking:

This product is RAW. Do not microwave. This product must be cooked to an internal temperature of 165°F prior to eating. Prepare from FROZEN state. Appliances may vary, adjust cook times and temperatures accordingly.

FRYER:

Preheat fryer/oil to 350°F. Deep fry in 350°F oil until internal temperature reaches 165°F as verified by a food thermometer.

CONVENTIONAL OVEN:

Preheat oven to 450°F. Spray baking sheet with oil. Bake in 450°F oven for approximately 10 minutes, then turn over and bake until internal temperature reaches 165°F as verified by a food thermometer.

PAN-FRY:

Place ¼ inch - ½ inch vegetable oil in large fry pan. Place pan over medium high heat and preheat oil to 350°F. Place product in pan and cook for approximately 4 minutes, then turn over and bake until internal temperature reaches 165°F as verified by a food thermometer.

Instructions for Frying:

Preheat fryer/oil to 350°F. Deep fry in 350°F oil until internal temperature reaches 165°F as verified by a food thermometer

Logistics Information:

Gross Weight: 11 lbs

Case Dimensions: X X

Pallet Count: 90

Block and Tier: 10 and 9

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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