



## Chow Mein, Vegetable, FC

### Product Details:

**Item Number:** 614626  
**Pack Size:** 20 lb.  
**Serving Per Case:** 106  
**Net Weight:** 20 lbs.

**Kosher:** No  
**Meal Contribution:**  
**Class:** Always Available  
**Shelf Life:** 365 Days Frozen  
**Temperature Class:** Frozen  
**Cook State:** Fully Cooked  
**GTIN-12 UPC:**  
**GTIN-14:**

**Sales Price Per:** NA  
**Case Price:** NA

### Ingredients:

Pre-Cooked Noodles (Enriched Wheat Flour (Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, B-Carotene, Soy Oil, Salt, Sodium Benzoate (Preservative)), Shallot Oil (Canola Oil with Dimethylpolysiloxane added to reduce foaming & Shallots), Oyster Sauce (Water, Sugar, Oyster Extractives (Oyster, Water, Salt), Yeast Extract, Modified Corn Starch, Wheat Flour, Caramel Color), Sugar, Chicken Flavor Powder (Salt, Maltodextrin, Flavor Enhancers (Disodium 5'-Inosinate & Disodium 5'-Guanylate, L-Alanine), Powdered Cooked Chicken, Cornstarch, Chicken Fat, Sugar, Yeast Extracts, Chicken Extracts, Natural Chicken Flavor, Spices), Seasoning Sauce (Soybean Sauce (Soybean, Corn), Water, Sugar, Salt Disodium 5'-Ribonucleotides (Flavor Enhancer)), Sesame Oil, Dark Soy Sauce (Water, Soy Beans, Salt, Wheat Flour & Sugar), Garlic Powder, White Pepper.

### Allergen Statement:

Wheat & Soy

## Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

**Serving Size** 3 oz. (1 cup)

Amount Per Serving

**Calories** 180

% Daily Value \*

**Total Fat** 7g 11%

Saturated Fat 1.5g 8%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 690mg 29%

**Total Carbohydrate** 25g 8%

Dietary Fiber 2g 8%

Total Sugars 2g

Incl. Added Sugars -

**Protein** 7g -

Vitamin D -

Calcium 2%

Iron 8%

Potassium -

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### National Food Group

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### Preparation and Additional Information: Logistics Information:

**Gross Weight:** 22 lbs

**Case Dimensions:** 12 X 8 X 16

**Pallet Count:** 80

**Cube:** 0.889

**Block and Tier:** 20 and 4

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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