# <u>Always</u> Available.





## Shumai, Chicken and Waterchestnut, 0.9oz

#### **Product Details:**

Item Number: 614466 Pack Size: 240/0.9 oz. Serving Per Case: 40

Serving Per Case: 40 Meal Contribution:
Net Weight: 13.5 lbs.
Class: Always Available

Shelf Life: 12 Months Frozen
Temperature Class: Frozen
Cook State: Uncooked

Kosher: No

Sales Price Per EACH: N/A

Case Price: N/A

**GTIN-12 UPC:** 810358031454 **GTIN-14:** 00810358031454

## **Nutrition Facts**

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size	5.35oz (6pc)
Amount Per Serving	

## Calories

230

	230
	% Daily Value *
Total Fat 8g	12%
Saturated Fat 2g	10%
Trans Fat 0	
Cholesterol 50mg	17%
Sodium 740mg	31%
Total Carbohydrate 24g	8%
Dietary Fiber 2g	6%
Total Sugars 2g	
Incl. Added Sugars	-
Protein 15g	-
Vitamin D Calcium Iron Potassium	- 0% 8% -

<sup>\*</sup> The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

Filling: Ground Chicken, Water Chestnut, Water, Green Pea, Carrot, less than 2% of Modified Corn Starch, Sesame Oil, Soy Sauce (water, wheat, soybeans, salt, sodium benzoate: less than 1/10 of 1% as a preservative), Monosodium Glutamate, Salt, Sugar, Soybean Oil, White Pepper, Garlic Powder Wrapper: Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic Acid), Water, Modified Potato Starch, less than 2% of Wheat Gluten, Egg Yolk, Egg White, Salt, Sorbitol, Dough Conditioner (distilled monoglycerides), Egg Shade Color (water, propylene glycol, yellow #5, yellow #6, red #40).

### **Allergen Statement:**

Wheat, Egg, Soy

#### **National Food Group**

 $\textbf{Email:} \ info@national foodgroup.com \ . \ \ \textbf{Direct:} \ 800.886.6866$ 

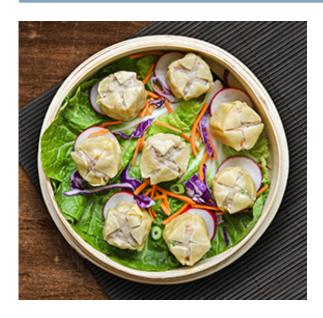
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### **Preparation and Additional Information:**

**Instructions for Preparation and Cooking:** 

Steamer Method:

Prepare the steamer by spraying a thin coat of oil or place a large cabbage leaf on the bottom of the steamer. Place frozen shumai in the steamer apart from one another. Steam about 10 minutes over high boiling water and then serve

#### **Instructions for Frying:**

Pan-Fry Method: 1. Pour 2 teaspoons of cooking oil into a frying pan. 2. Arrange 10 shumai upright on the frying pan. 3. Cook for 1 minute on MED-HIGH heat. 4. Add 1/3 cup of water to the pan. 5. Cover and simmer for about 9 minutes until the bottoms of the dumplings are golden brown.

### **Logistics Information:**

Gross Weight: 15 lbs

Case Dimensions: 15 X 9.50 X 9

Pallet Count: 64 Cube: 0.742

Block and Tier: 8 and 8

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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