

Always Available.



Pollock, Unbreaded, 4 oz

Product Details:

Item Number: 614247
Pack Size: 40/4 oz
Serving Per Case: 40
Net Weight: 10 lbs.

Kosher: No
Meal Contribution:
Class: Always Available
Shelf Life: 730 days frozen
Temperature Class: Frozen
Cook State: Uncooked
GTIN-12 UPC:
GTIN-14:

Sales Price Per: NA
Case Price: NA

Ingredients:

Pollock

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size 4 oz

Amount Per Serving

Calories 90

% Daily Value *

Total Fat 1g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 70mg 23%

Sodium 180mg 8%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Incl. Added Sugars -

Protein 19g -

Vitamin D 0%

Calcium 2%

Iron 2%

Potassium 6%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

National Food Group

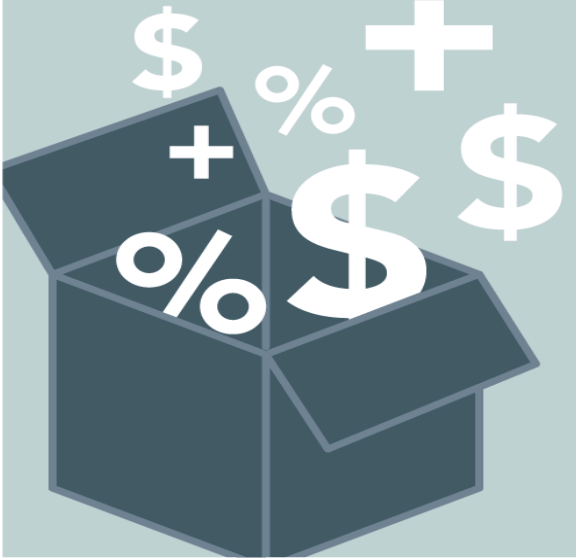
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Preparation and Additional Information:

Instructions for Preparation and Cooking:

Preheat convection oven to 400 F, Place frozen portions on a greased sheet and heat for 14-18 minutes; preheat traditional oven to 425 AND HEAT FOR 18-22 minutes OR until golden brown.

Logistics Information:

Gross Weight: 11 lbs

Case Dimensions: 12 X 9 X 5.5

Pallet Count: 140

Cube: 0.344

Block and Tier: 14 and 10

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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