



Potsticker, Chicken & Veg, 0.67oz

Product Details:

Item Number: 610025

Pack Size: 384/0.67 oz.

Serving Per Case: 384

Net Weight: 16 lbs.

Meal Contribution:

Class: Always Available

Shelf Life: 24 Months Frozen

Temperature Class: Frozen

Cook State: Uncooked

GTIN-12 UPC: 7286962051

GTIN-14: 20810358033438

Sales Price Per: NA

Case Price: NA

Ingredients:

FILLING: CABBAGE, GROUND CHICKEN, SOYBEAN OIL, LESS THAN 2% OF FRIED SHALLOTS (SHALLOT, PALM KERNAL OIL, CORN STARCH), SUGAR, SALT, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, SODIUM BENZOATE: LESS THAN 1 % AS A PRESERVATIVE), SESAME OIL, GREEN ONION, EGG WHITE, TAPIOCA STARCH, GINGER, MODIFIED CORN STARCH, BLACK PEPPER, DISODIUM 5'-INOSIATE, DISODIUM 5'-GUANYLATE.

WRAPPER: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONO-NITRATE, RIBOFLAVIN, WATER, MODIFIED POTATO STARCH, LESS THAN 2% OF SOYBEAN OIL, TAPIOCA STARCH, EGG WHITES, SORBITOL

Allergen Statement:

WHEAT, EGG AND SOY

Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

Serving Size 5.142oz (8pc)

Amount Per Serving

Calories **230**

% Daily Value *

Total Fat 5g 8%

Saturated Fat 1g 4%

Trans Fat 0g

Cholesterol 25mg 9%

Sodium 510mg 21%

Total Carbohydrate 35g 12%

Dietary Fiber 2g 9%

Total Sugars 3g

Incl. Added Sugars -

Protein 11g -

Vitamin D -

Calcium 4%

Iron 15%

Potassium -

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

National Food Group

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Preparation and Additional Information:

Instructions for Preparation and Cooking:

NFG Cooking Suggestions:

From frozen, toss with oil and steam in perforated pan for 5 minutes. Transfer to flat top with cooking oil and cook for 2 minutes while tossing to brown evenly.

Pan Frying:

1. Add frozen dumplings into boiling water and boil for 1 minute.
2. Pour 2 tablespoons of cooking oil into a frying pan.
3. Place 12 boiled dumplings onto the pan, and cook them at medium heat for 1 minute.
4. Reduce heat to low, add 3 tablespoons of water to the pan.
5. Cover and simmer for 5 to 6 minutes until the bottoms of the dumpling turn brown.

Boiling:

1. Add 25 frozen dumplings into 8 cups of boiling water.
2. Cook dumplings in boiling water for 5 to 6 minutes.

Deep Frying:

1. Preheat fryer's oil to 375 °F.
2. Place 12 dumplings in the heated oil and cook for 4 to 5 minutes until dumplings turn golden brown.

Microwave:

1. Place 6 frozen dumplings on a microwave safe plate and cover with a damp paper towel.
2. Microwave on high for 2-3 minutes (1200watt).
3. Serve immediately with dumpling sauce.

Logistics Information:

Gross Weight: 17 lbs

Case Dimensions: 18.25 X 13 X 8

Pallet Count: 64

Cube: 1.098

Block and Tier: 8 and 10

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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