



## Discontinued, Kosher Meal, Breaded Whitefish, SpecialDietMealSolution

### Product Details:

**Item Number:** 606605  
**Pack Size:** 28/11.2 oz.  
**Serving Per Case:** 28  
**Net Weight:** 19.6 lbs.

**Kosher:** Yes  
**Meal Contribution:**  
**Class:** Always Available  
**Shelf Life:** 1 Year Frozen  
**Temperature Class:** Frozen  
**Cook State:** NA  
**GTIN-12 UPC:** 810358032314  
**GTIN-14:** 00810358032314

**Sales Price Per:** NA  
**Case Price:** NA

### Ingredients:

Brown Rice (Water, Brown Rice), Precooked Breaded Gourmet Fish Cakes (Water, Wheat Flour, Pollock, Flounder, Whiting, Soy Flour, Vegetable Oil (Cottonseed And/Or Canola), Potatoes, Mixed Peppers, Modified Corn Starch, Sugar, Yeast, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Dextrose, Mono And Diglycerides, Citric Acid, Sodium Acid Pyrophosphate, Soybean Oil, Dehydrated Onion, Silicon Dioxide, Natural Flavors (Including Extractives Of Celery Seed), Sodium Tripolyphosphate (To Retain Moisture)), Broccoli Cuts

### Allergen Statement:

Fish, Soy, Wheat

### Benefits and Suggested Use:

Breaded White Fish, Brown Rice & Green Beans.  
Each meal is double wrapped and will bear the Triangle K Kosher Identification.

### National Food Group

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## Nutrition Facts

This is a representation of the nutritional label. The nutritional label on the product may vary.

**Serving Size** 11.2 oz.

Amount Per Serving

**Calories** **530**

% Daily Value \*

**Total Fat** 25g **38%**

Saturated Fat 4.5g **23%**

Trans Fat 0g

**Cholesterol** 15mg **5%**

**Sodium** 390mg **16%**

**Total Carbohydrate** 58g **19%**

Dietary Fiber 6g **24%**

Total Sugars 2g

Incl. Added Sugars —

**Protein** 18g

Vitamin D —

Calcium 10%

Iron 20%

Potassium —

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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### Bid Specifications:

KOSHER MEAL; BREADED WHITEFISH. Individual Kosher Meal in 2 compartment black tray. 28/11 oz meals per case. Frozen. Each meal provides a minimum of 560 calories, 15g protein. Each meal is double wrapped and will bear the Triangle K Kosher Identification. Shelf Life: 1 year National Food Group item 606605 or approved equal.

### Preparation and Additional Information:

#### Instructions for Preparation and Cooking:

For best results, keep product frozen until ready to prepare.

#### COOKING INSTRUCTIONS (FROZEN):

1200 Watt Microwave Oven: Microwave on high 6 to 8 minutes or until 165 degrees F. Cook thoroughly. Remove from microwave, and let stand 1 to 2 minutes. Carefully remove film cover from tray. PRODUCT WILL BE HOT!

Preparation Instructions (frozen) Conventional Oven: Do not prepare in a Toaster oven. Preheat oven to 300 degrees F. Cook thoroughly. Bake in oven 53 to 58 minutes or until 165 degrees F. Remove from oven, and let stand 1 to 2 minutes. Carefully remove film cover from tray. PRODUCT WILL BE HOT!

Oven: Place in 300° F Oven for 55-60 minutes. Do not remove outer wrapping.

### Logistics Information:

**Gross Weight:** 20.87 lbs

**Case Dimensions:** 17.625 X 13.25 X 10.5625

**Pallet Count:** 56

**Double Stack:** No

**Cube:** 1.427

**Block and Tier:** 8 and 7

The information provided above is, to the knowledge of National Food Group, true and accurate based on information provided to National Food Group; provided that National Food Group does not make any express or implied warranties with respect to any such information shall have no liability for any inaccuracies contained in any such information.

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